

The Precious Human Life – Part 2

Saturday & Sunday, March 11 & 12 at Kunzang Palchen Ling & Livestreamed



Our guiding questions this weekend will be:

- A) What makes a human life precious?
- B) What should we do with our precious human life?

The Ten Non-Virtuous Actions to be Abandoned

Non-virtues of body:

- 1. Taking life
- 2. Taking what is not given
- 3. Sexual misconduct

Non-virtues of speech:

- 4. Lying
- 5. Sowing discord
- 6. Harsh speech
- 7. Worthless chatter

Non-virtues of mind:

- 8. Covetousness
- 9. Wishing to harm others
- 10. Wrong views

37 Practices of a Bodhisattva

Verse 12

Even if someone, driven by great desire,
Seizes all my wealth, or induces others to do so,
To dedicate to him my body, possessions,
And past, present, and future merit is the practice of a bodhisattva.

Verse 14

Even if someone broadcasts throughout the billionfold universe
All sorts of things to disgrace me,
In return to speak of their good qualities with a loving mind,
Is the bodhisattva's practice.

Verse 13

Even if others cut off my head when I haven't done the slightest wrong,
Taking upon myself they're misdeeds through the power of compassion
Is the bodhisattva's practice.

Positive Actions to be Adopted

Virtues of body:

1. To renounce killing & protect beings' lives
2. To renounce taking what is not given & practice generosity
3. To give up sexual misconduct & follow rules of discipline

Virtues of speech:

4. To renounce lying & tell the truth
5. To give up sowing discord & reconcile disputes
6. To abandon harsh speech & speak pleasantly
7. To put an end to worthless chatter & recite prayers

Virtues of mind:

8. To renounce covetousness & learn to be generous
9. To give up wishing on harm others & cultivate the desire to help them
10. To put an end to wrong views & establish the authentic view