

For the Benefit of All Beings as Vast as the Skies



Chenrezik



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Mahamudra Lineage Prayer

ଓঁ। হিন্দুরকমাকেবাহি শ্ৰীকৃষ্ণদা।

DOR JE CHANG CHEN TE LO NA RO DANG

Great Vajradhara, Tilo, Naro,

ମୁଦ୍ରାପାତ୍ରିବକ୍ଷଣକୁ ଶ୍ରୀମଦ୍ଭଗବତା ହୃଦୟଶବ୍ଦମାତ୍ରରେ ପ୍ରାଚୀନ ଗୀତା ।

MAR PA MI LA CHÖ JE GAM PO PA DÜ SUM SHE JA KÜN KYHEN KAR MA PA
Marpa, Mila, Dharma Lord Gampopa, Karmapa omniscient of the three times, holders of the four

କେଣବିକୁଦ୍ୟକୁନ୍ଦମକୁନ୍ଦପରିକୁଳମନ୍ଦମନ୍ଦ । ରେଣ୍ଟିଶ୍ଵରାକ୍ଷୟମନ୍ଦପରିତ୍ୱଳମନ୍ଦମନ୍ଦ ।

CHE SHI CHUNG GYE GYÜ PA DZIN NAM DANG DRI TAK TSAL SUM PAL DEN DRUK PA SOK
major and eight minor lineages, including the Drikung, Taklung, Tsalpa, and the glorious Drukpa,

ଶତ'ସମ'ଶୁଣ'କୁ'କେ'ସ'ମଦର'ଫଳିଷ'ଧରି । ମନ୍ଦମ'ମୌଦ'ରଶ'ମର୍ଦ୍ଦ'ଦୁଃଖ'ଦ'ପାର'ଫଳୁଦ'ସା ।

ZAP LAM CHAK GYA CHE LA NGA NYAY PAY NYAM ME DRO GÖN DAK PO KA GYU LA
masters of the profound path of mahamudra, peerless protectors of beings, the Dakpo Kagyu:

ଶକ୍ତି-ଦର୍ଶନଶାସ୍ତ୍ର-ଧାରା-ବିଜୁଳ୍ୟ-ମୁଦ୍ରଣଶାଖା ।

SÖL WA DEP SO KA GYU LA MA NAM GYÜ PA DZIN NO NAM TAR JIN GYI LOP
I pray to you, Kagyu gurus. I hold your lineage; bless me with your liberation.

ବୈକ୍-ଷୟଶ-ଶ୍ଵର-ଶ୍ରୀ-କନ୍ଦ-ପତ୍ର-ଶଶୁରନ୍ତା-ପାତକିକା । ଯଶ-କୁର୍-ମୁକ୍-ତା-କଣନ୍ତା-ବୈକ୍-ପିତ୍-ତା-ନ୍ତା ।

It is said that revulsion is the foot of meditation. To this meditator without craving for food
କେବୁଦ୍ଧିରୁ ଶାନ୍ତିଶାସନାଙ୍କୁ ପରିଶ୍ରମକେନ୍ତରୀୟା ସହିଦ୍ଵାରା ସାମାଜିକ ଅନୁଷ୍ଠାନିକତାଙ୍କୁ ପରିବର୍ତ୍ତନ କରିବାକୁ ପରିଚାରିତ କରିଛା ।

TSE DIR DÖ THAK CHÖ PAY GOM CHEN LA NYE KUR SHEN PA ME PAR JIN GYI LOP
who has cut all ties to this life, grant your blessing of freedom from craving for honor or gain

ਮੋਗੁ ਗੋਮ ਗ੍ਰਿ ਗੋ ਵੰਦ ਸੁਨਗ ਪਾ ਸ਼ਿਨ। ਮੇਨ ਨਗ ਤੇਰ ਗੋ ਜੇ ਪਾਲ ਮਾ ਲਾ।
MÖ GÜ GOM GYI GO WOR SUNG PA SHIN MEN NGAK TER GO JE PAY LA MA LA
It is said that devotion is the head of meditation. To this meditator who continuously prays to the guru.

GYÜN DU SÖL WA DEP PAY GOM CHEN LA CHÖ MIN MÖ GÜ KYE WAR JIN GYI LOP
who opens the door to the treasury of instructions, grant your blessing so that uncontrived devotion
may arise.

ཡේදනාමේද් ශ්ංසා තුළදනා එකිනෙකු මානුදනා යා එකිනෙකා । එන් ම්‍යුද් ගාසා පැවතිද් තුළදනා මාරා ।

YENG ME GOM GYI NGÖ SHIR SUNG PA SHIN GANG SHAR TOK PAY NGO WO SO MA DE
It is said that undistractedness is the body of meditation. To this meditator who rests without alteration

MA CHÖ DE GAR JOK PAY GOM CHEN LA GOM JA LO DANG DRAL WAR JIN GYI LOP
in the fresh nature of whatever thought arises, grant your blessing so that meditation may be free from
the intellect.

NAM TOK NGO WO CHÖ KUR SUNG PA SHIN CHI YANG MA YIN CHIR YANG CHAR WA LA
It is said that the nature of thoughts is the dharmakaya. Nothing whatever, they can arise as anything.

ମାରଶାନ୍ତା ହେଉଥିଲା ଏକମଧ୍ୟ ପରିଷକ୍ଷମା ହେବା ଯା । ସମ୍ବନ୍ଧରେ ଦୁଇମଧ୍ୟରେ ମର୍ଦଦିନଙ୍କାରୀ ଘଟିଲା ।

MA GAK RÖL PAR CHAR WAY GOM CHEN LA KHOR DAY YER ME TOK PAR JIN GYI LOP
To this meditator for whom they appear as unceasing play, grant your blessing so that samsara and nirvana be realized as inseparable.

ჰუ-ე-სუ-კუ-ტუ-ი-დ-ნ-სა-შ-მ-დ-ნ-ა | ღვ-ე-პ-ძ-კ-ს-უ-ძ-ვ-ე-პ-ძ-ს-ა-ჭ-ნ-ტ-დ-ა |

KYE WA KÜN TU YANG DAK LA MA DANG DRAL ME CHÖ KYI PAL LA LONG CHÖ CHING
In every birth may I never be separated from the glorious guru. May I enjoy the splendor of dharma.

શાંતદ્વયમાણીષ્વર હકુમાનાનુભૂતિસાધકા | હિન્દુ-રક્તદ્વયાણીષ્વર મૃત્યુનાનુભૂતિસા |

SA DANG LAM GYI YÖN TEN RAP DZOK NAY DOR JE CHANG GI GO PANG NYUR THOP SHOK
Perfecting the qualities of the stages and paths, may I soon attain the state of Vajradhara.

୫୫॥ ମୁଖ୍ୟାନ୍ତିକେ ଅର୍ଥାତ୍ ସଙ୍ଗକାଳୀନ ପଦାର୍ଥରେ ଯାହାର ପରିପାଦା ଏବଂ ପରିପାଦାରେ ଯାହାର ପରିପାଦା ଏବଂ ପରିପାଦାରେ ଯାହାର ପରିପାଦା ଏବଂ ପରିପାଦାରେ ଯାହାର ପରିପାଦା ଏବଂ

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Refuge and Bodhicitta

॥ ॥ ଶର୍ମା କୁଣ୍ଡଳ କଣ୍ଠଶର୍ମା ଗ୍ରୀବନାଥ କଣ୍ଠଶର୍ମା ॥

SANG GYE CHÖ DANG TSHOK KYI CHOK NAM LA

Until I reach enlightenment, I take refuge in the Buddhas,

ପ୍ରକାଶପତ୍ର ମହାନାମ୍ବିଦୀ ପାଠ୍ୟକାରୀ

JANG CHUP BAR DU DAK NI KYAP SU CHI

And in the Dharma, and the noble Sangha.

DAK GI JIN SOK GYI PAY SÖ NAM KYI

Through the merit of performing this meditation and mantra repetition,

ପ୍ରତ୍ୟେକ ପ୍ରିଯୀର୍ବଦ୍ଧାନ୍ତରେ କୁଣ୍ଡଳୀର ପରିମାଣରେ ଏହାର ପରିମାଣରେ ଏହାର

DRO LA PHEN CHIR SANG GYE DRUP PAR SHOK

May I achieve awakening for the benefit of all sentient beings. *Recite three times.*

Visualization of the Deity

॥**ପଦ୍ମଶାର୍କଷାର୍ଣ୍ଣବନ୍ଧୁତ୍ସବିକାଳଶୁଣ୍ଟି**॥

DAK SOK KHA KHYAP SEM CHEN GYI CHI TSUK PE KAR DA WAY TENG
On the crown of myself and all beings, On a moon and white lotus,

କୁଣ୍ଡ ପଶ୍ଚାତ୍ସାର୍ଥ ପକ୍ଷୀ ଜ୍ଞାନ ପଶ୍ଚାତ୍ସାର୍ଥ ଦ୍ୱାରା ପାଇଲା

HRÎH LE PHAK CHOK CHEN RE ZIK KAR SAL Ö ZER NGA DEN THRO
Is a HRÎH from which Chenrezik arises. He radiates clear white light suffused with the five colors.

ବାହେନୀ ରକ୍ତଚାନ୍ଦିତ ଶୁଣି ଶୁଣି ଏହିପାଦାମାତ୍ରାଙ୍କିତ ଶୁଣି ଏହିପାଦାମାତ୍ରାଙ୍କିତ

DZE DZUM THUK JEY CHEN GYI ZIK CHAK ZHI DANG PO TAL JAR DZE
He gazes with compassionate eyes and loving smile. Of his four arms, the first two are joined in prayer.

ଶ୍ରୀମତୀ ପାତ୍ନୀ କଣ୍ଠାରୀ ଏବଂ ଶ୍ରୀ ପାତ୍ନୀ କଣ୍ଠାରୀ ଦ୍ୱାରା ଲଖିଅଛି।

ÖG NYI SHEL THRENG PE KAR NAM DAR DANG RIN CHEN GYEN GYI TRE
The lower two hold a crystal rosary and white lotus. He is arrayed in silks and jewel ornaments.

ଶ୍ରୀଦୁଷ୍ମନ୍ତାଙ୍କମାନ୍ତାପରିକ୍ଷାଦ୍ୱାରା ପର୍ଯ୍ୟନ୍ତ ଏହାର ପରିଚାଳନା କରାଯାଇଛି।

RI DAK PAK PAY TÖ YOK SÖL Ö PAK ME PAY U GYEN CHEN
He wears an upper robe of doeskin. His head ornament is Amitabha, Buddha of Boundless Light.

ZHAP NYI DOR JEY KYIL TRUNG ZHUK DRI ME DA WAR GYAP TEN PA
His two feet are in the vajra posture. A stainless moon is his backrest.

ଶ୍ରୀମତୀ. ଶର୍ମିଷ୍ଠା. ଗୁଣ୍ଠଳା. ଦେବାନନ୍ଦ. ପାତ୍ର. ପ୍ରମାଣିତ

KYAP NE KÜN DÜ NGO WOR GYUR

He is the essence of all those in whom we take refuge.

ସଦ୍ବୁଦ୍ଧିମାନ' କର' ସମ୍ବନ୍ଧ କରୁଣା' ଶରୀର' ଶତିଷ' ହୁ' ଶର୍ଵପ' ଦ' ଦର୍ଦ୍ଦମାନ' ଯା

Make the following prayer, thinking that all beings are making it with you as if in a single voice.

ଶ୍ରୀମତୀ ପ୍ରିଯା କୁମାରୀ ଏବଂ ଶ୍ରୀ କଣ୍ଠଚନ୍ଦ୍ର କୁମାରୀ

JO WO KYÖN GYI MA GÖ KU DOK KAR DZOK SANG GYE KYI U LA GYEN
Lord, not veiled by any fault, brilliant white in color, Whose head a perfect buddha crowns,

ମୁଖ୍ୟମାନେ କୁଳମୁଖ୍ୟମାନେ ଏହିପରିଚୟ ଦେଇଲାମାଣେ

THUK JEY CHEN GYI DRO LA ZIK CHEN RE ZIK LA CHAK TSHAL LO
You who look with compassionate eyes on all beings. To you Chenrezik, I pay
homage.

*Recite three times
or more*

Seven Branch Prayer

PHAK PA CHEN RE ZIK WANG DANG CHOK CHU DÜ SUM ZHUK PA YI
With complete veneration I pay homage To Chenrezig, All-seeing One,

ଓঁ ক্রিপ্ত বাণী সন্দেশ বর্ণনা লক্ষণ প্রযোগ পদ্ধতি গুরুত্বপূর্ণ এবং উচ্চ মানের পদ্ধতি।

GYAL WA SE CHE THAM CHE LA KÜN NE DANG WE CHAK TSHAL LO
And to all the buddhas and bodhisattvas Of the ten directions and three times.

ପ୍ରେରଣା ସମ୍ବନ୍ଧରେ କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

ME TOK DUK PÖ MAR ME DRI ZHAL ZE RÖL MO LA SOK PA
I make offerings, both real and imagined, Of flowers, incense, lamps, scented water,

। ଦୂରାଜ୍ୟକୁ ଯଦୁ ଶ୍ରୀମତୀ ହିନ୍ଦୁପାତ୍ରୀ ଏବଂ ପାତ୍ରାମାରୀ ପାତ୍ରାମାରୀ ଏବଂ ପାତ୍ରାମାରୀ

NGÖ JOR YI KYI TRÜL NE BÜL PHAK PAY TSHOK KYI ZHE SU SÖL
Food, music, and much else, And I request that the assembly of noble ones accept these.

॥ଶ୍ରୀମାତେବିକାଦ୍ୟଲ୍ଲଭିଷନ୍ମା ॥ ଶିଦ୍ଧାତ୍ମକାଦ୍ୟମହମାତେବିକା ॥

THOK MA ME NE DA TAY BAR MI GE CHU DANG TSHAM ME NGA
From beginningless time until now, I confess all the ten unvirtuous acts,

ଶେଷଣ କି ହୁକ୍ ମରଣ ଦୟା ଶୂନ୍ୟ ମନ୍ତ୍ରାଳୟ ଶିଖିଲା ପରମାଣୁ ପରମାଣୁ

SEM NI NYÖN MONG WANG GYUR PAY DIK PA THAM CHE SHAK PAR GYI
And the five actions of immediate consequence, and in short, All wrongdoing born of my mind being
overpowered by obscuring passions.

ଶ୍ରୀକୃଷ୍ଣାମଦ୍ବୁଦ୍ଧିକୁଳାନ୍ତିଷ୍ଠିତାମାତ୍ରା ଶ୍ରୀକୃଷ୍ଣାମଦ୍ବୁଦ୍ଧିକୁଳାନ୍ତିଷ୍ଠିତାମାତ୍ରା

NYEN THÖ RANG GYAL JANG CHUP SEM SO SO KYE WO LA SOK PE
I rejoice in the merit of whatever virtue Sravakas, pratyekabuddhas, bodhisattvas,

କୁଳାଶନ୍ତର୍ମଦ୍ରୀଷ୍ଟିଷ୍ଠାନାଶପଦି । ଏକାଦଶବ୍ରତୀଷ୍ଠାନାଶପଦି ।

DÜ SUM GE WA CHI SAK PAY SÖ NAM LA NI DAK YI RANG
And ordinary people have gathered Throughout the three times.

ଶେଷା·ତର୍କ·କୁଶା·ଗୁ·ପନାମ·ଦ୍ୱା·। ଶ୍ଵାସୀ·ପ୍ରେସାର୍ଟ୍·ଜୀ·ପନ୍ଥା

।କେହୁନ୍ତରୁକ୍ତିଦେଶାଦ୍ୟି ।କେହୁନ୍ତରୁକ୍ତିଦେଶାଦ୍ୟି ।

CHE CHUNG THÜN MONG THEK PA YI CHÖ KYI KHOR LO KHOR DU SÖL
For as many different aptitudes as are present, In the motivations of all sentient beings.

।ବିଷନ୍ଦନ୍ତରୁକ୍ତିଦେଶାଦ୍ୟି ।ବିଷନ୍ଦନ୍ତରୁକ୍ତିଦେଶାଦ୍ୟି ।

KHOR WA JI SI MA TONG PAR NYA NGEN MI DA THUK JE YI
I beseech you not to pass into nirvana, But, until samsara is completely emptied,

।କୁଳାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।କୁଳାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।

DUK NGAL GYA TSHOR JING WA YI SEM CHEN NAM LA ZIK SU SÖL
To look with great compassion on all sentient beings, Who are drowning in this ocean of suffering.

।ଏକାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।ଏକାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।

DAK GI SÖ NAM CHI SAK PA THAM CHE JANG CHUP GYUR GYUR NE
May whatever merit I have accumulated Become a cause for the enlightenment of all beings.

।ମୁଦ୍ରାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।ମୁଦ୍ରାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।

RING POR MI THOK DRO WA YI DREN PAY PAL DU DAK GYUR CHIK
May I myself become, without delay, Foremost among protectors of beings.

Prayer to Chenrezik: The Vajra words of prayer to the Excellent Chenrezig composed by the Great Mahasiddha, Tang tong Gyalpo, in his incarnation as Gelong Pema Karpo

।ଶର୍ଵାଦାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।ଶର୍ଵାଦାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।

SÖL WA DEP SO LA MA CHEN RE ZIK SÖL WA DEP SO YI DAM CHEN RE ZIK
I pray to you, Guru Chenrezig. I pray to you, Yidam Chenrezig.

।ଶର୍ଵାଦାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।ଶର୍ଵାଦାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।

SÖL WA DEP SO PHAK CHOK CHEN RE ZIK SÖL WA DEP SO KYAP GÖN CHEN RE ZIK
I pray to you, Perfect Noble One Chenrezig. I pray to you, Lord Protector Chenrezig.

।ଶର୍ଵାଦାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।ଶର୍ଵାଦାଦ୍ୱାପାଦୁରକ୍ତିଦେଶାଦ୍ୟି ।

SÖL WA DEP SO JAM GÖN CHEN RE ZIK THUK JE ZUNG SHIK GYAL WA THUK JE CHEN
I pray to you, Loving Protector Chenrezig. Buddha of Great Compassion, hold me fast in your compassion.

༄༅། ། ཡྱସର ເତ ପରିଚାର ଏତ ଶୁଦ୍ଧ କ୍ଷମା ଶୁଦ୍ଧ କ୍ଷମା | ଘର୍ଭ ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ

THA ME KHOR WAR DRANG ME KYAM GYUR CHING ZÖ ME DUK NGAL NYONG WAY DRO WA LA

From time without beginning, beings have wandered in samsara Undergoing unendurable suffering.

| ଅର୍ଦ୍ଧ ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ | କ୍ଷମା ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ |

GÖN PO KHYE LE KYAP ZHEN MA CHI SO NAM KYEN SANG GYE THOP PAR JIN GYI LOP
They have no other protector than you. Please bless them that they attain the omniscience that is awakening.

ଶିଖ ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ ଏତ ଏତ | ବିଜ୍ଞାନ ଦର୍ଶନ ଶିଖ ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ |

THOK ME DÜ NE LE NGEN SAK PAY THÜ ZHE DANG WANG GI NYAL WAR KYE GYUR TE
Compelled by negative karma, gathered from beginningless time, Sentient beings, through the force of anger,
are reborn as hell-beings.

କ୍ଷମା ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ ଏତ ଏତ | ଶିଖ ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ |

TSHA DRANG DUK NGAL NYONG WAY SEM CHEN NAM

HLA CHOK KHYE KYI DRUNG DU KYE WAR SHOK

And experience the sufferings of heat and cold. May they all be born in your presence, Perfect Deity.

ॐ ମନୀ ପାଦ୍ମେ ହୁମ୍

OM MANI PADME HUM

ଶିଖ ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ ଏତ ଏତ | ଶିଖ ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ |

THOK ME DÜ NE LE NGEN SAK PAY THÜ SER NAY WANG GI YI DAK NE SU KYE
Compelled by negative karma, gathered from beginningless time, Sentient beings, through the force of
greed, are reborn in the realm of the Pretas,

ପରିଶାଙ୍କା ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ ଏତ ଏତ | ବିଦ୍ୟା ଆତ ଜ୍ଞାନ ପ୍ରିୟ ଦର୍ଶନ ଏତ ଏତ |

TRE KOM DUK NGAL NYONG WAY SEM CHEN NAM ZHING CHOK PO TA LA RU KYE WAR SHOK
And experience the suffering of hunger and thirst. May they all be born in your perfect realm, the Potala.

ॐ ମନୀ ପାଦ୍ମେ ହୁମ୍

OM MANI PADME HUM

ਿੱਤਾ'ਵੇਦ'ਕੁਨਾ'ਰਨਾ'ਅਸਾ'ਦਰ'ਵਣਸਾ'ਵਨੀ'ਗੁਣਾ॥ ਏਹੀ'ਤੁਲਾ'ਦਵਦ'ਵੀਚਾ'ਦੁਨ'ਵਾਹੁੰ'ਗੁਣ'ਨੀ॥

THOK ME DÜ NE LE NGEN SAK PAY THÜ TI MUK WANG GI DÜ DROR KYE GYUR TE
Compelled by negative karma, gathered from beginningless time, Sentient beings, through the force of bewilderment, are reborn as animals,

ਿੱਤਾ'ਵੇਦ'ਕੁਨਾ'ਰਨਾ'ਅਸਾ'ਦਰ'ਵਣਸਾ'ਵਨੀ'ਗੁਣਾ॥ ਪਾਰਾ'ਵੰਤ੍ਰੇਦ'ਗੁਣ'ਕੁਨ'ਗੁਣ'ਵਨ'ਵੈਚਾ॥

LEN KUK DUK NGAL NYONG WAY SEM CHEN NAM GÖN PO KHYE KYI DRUNG DU KYE WAR SHOK

And experience the suffering of dullness and bewilderment. May they all be born in your presence, Protector.

ਾਂ'ਮ'ਨਿ'ਪਦਮੇ'ਤ੍ਰੀ॥

OM MANI PADME HUM

ਿੱਤਾ'ਵੇਦ'ਕੁਨਾ'ਰਨਾ'ਅਸਾ'ਦਰ'ਵਣਸਾ'ਵਨੀ'ਗੁਣਾ॥ ਜਵਦ੍ਵਾਕਾਸਾ'ਦਵਦ'ਵੀਚਾ'ਵੀ'ਧਿ'ਵਾਰਨਾ'ਗੁਣਾ॥

THOK ME DÜ NE LE NGEN SAK PAY THÜ DÖ CHAK WANG GI MI YI NE SU KYE

Compelled by negative karma, gathered from beginningless time, Sentient beings, through the force of desire, are reborn in the human realm,

ਿੱਤਾ'ਵੰਤ੍ਰੇਦ'ਗੁਣ'ਕੁਨ'ਵਨੀ'ਗੁਣ'ਵਣਸਾ'ਵਨੀ'ਗੁਣ'ਵਨ'ਵੈਚਾ॥

DREL PHONG DUK NGAL NYONG WAY SEM CHEN NAM ZHING CHOK DE WA CHEN DU KYE WAR SHOK
And experience the suffering of endless activity and poverty. May they be born in the supreme realms of Dewachen.

ਾਂ'ਮ'ਨਿ'ਪਦਮੇ'ਤ੍ਰੀ॥

OM MANI PADME HUM

ਿੱਤਾ'ਵੇਦ'ਕੁਨਾ'ਰਨਾ'ਅਸਾ'ਦਰ'ਵਣਸਾ'ਵਨੀ'ਗੁਣਾ॥ ਜਵਾਦ੍ਰਾਵਦ'ਵੀਚਾ'ਵੀ'ਧਿ'ਵਾਰਨਾ'ਗੁਣਾ॥

THOK ME DÜ NE LE NGEN SAK PAY THÜ THRAK DOK WANG GI HLA MIN NE SU KYE

Compelled by negative karma, gathered from beginningless time, Sentient beings, through the force of jealousy, are reborn as Asuras,

ਿੱਤਾ'ਵੰਤ੍ਰੇਦ'ਗੁਣ'ਕੁਨ'ਵਨੀ'ਗੁਣ'ਵਣਸਾ'ਵਨੀ'ਗੁਣ'ਵਨ'ਵੈਚਾ॥

THAP TSÖ DUK NGAL NYONG WAY SEM CHEN NAM PO TA LA YI ZHING DU KYE WAR SHOK
And experience the suffering of fighting and quarreling. May they be born in your realm, the Potala.

ଓঁ শ্ৰী কৃষ্ণ

OM MANI PADME HUM

ଶିଖ·ପ୍ରିଦ୍ବୁଦ୍ଧା·କଶ·ଘନ·ଦ୍ଵାରା ସମ୍ପଦାତରିତ ହେଲାଏବା | ଦ୍ଵାରା କୁଳୀଦିବାରେ ଯିଶ୍ଵାଙ୍ଗିଷ୍ଠା ଏବଂ ପାରାଣା ନୁହେଲା|

THOK ME DÜ NE LE NGEN SAK PAY THÜ NGA GYAL WANG GI HLA YI NE SU KYE
Compelled by negative karma, gathered from beginningless time, Sentient beings, through the force of pride, are reborn in the god realms,

ପରିଷ୍କାର-କୁଳ-ଶୂନ୍ୟ-ପାତ୍ର-ବ୍ୟକ୍ତି-ପରିଶୋକଶ-କର-କୁଳଶା । ଦେଖ-ଦୁ-ଅ-ପି-ବିଦ-କୁ-ଶ୍ଵେ-ପଥ-ଶ୍ରୀ

PHO TUNG DUK NGAL NYONG WAY SEM CHEN NAM PO TA LA YI ZHING DU KYE WAR SHOK
And experience the suffering of change and downfall. May they all be born in your realm, the Potala.

ੴ ਸਤਿਗੁਰ

OM MANI PADME HUM

॥ ପଦମା କୀ ଶ୍ରୀ ବିଦଶ୍ରୀ ସମୟମା ତତ୍ତ୍ଵ ॥ ଶୁଣ ରସା ଯତ୍ତିଷାଶା ଦନ୍ତ ମହାଦ୍ଵାରା କର୍ତ୍ତୃଦଶ ଦ୍ୱାରା ଘିନା ॥

DAK NI KYE ZHING KYE WA THAM CHE DU CHEN RE ZIK DANG DZE PA TSHUNG PA YI
May I, through all my births, Act in the same manner as Chenrezig.

༄༅·དྲ་·འିନ୍·ସୀ··ସ୍ତ୍ରୀ··କୁମାର··ଶ୍ଵର୍ପ··ଦ୍ୱାରା··

MA DAK ZHING GI DRO NAM DRÖL WA DANG SUNG CHOK YI DRUK CHOK CHUR GYE PAR SHOK
By this means, may all beings be liberated from the impure realms. May the perfect sound of your six-syllable
mantra pervade the ten directions.

। ରାଜଶାସ୍ତ୍ରମଙ୍କଣ ପ୍ରିଦ୍ଵିଷ ସନ୍ତ୍ତିଷ ଏ ରାଜଶାସ୍ତ୍ରମଙ୍କଣ ପରି ଗମ୍ଭେଣା । ସନ୍ଦର୍ଭ ଶୀ ଶକ୍ତିଷ ପ୍ରତି ରାଜଶାସ୍ତ୍ରମଙ୍କଣ

PHAK CHOK KHYE LA SÖL WA DEP PAY THÜ DAK GI DÜL JAR GYUR PAY DRO WA NAM
By the power of this prayer, Most Noble and Perfect One, May all beings to be trained by me pay the greatest attention to action and result, and diligently practice virtue and the Dharma for the benefit of beings.

। ཡིན་འཆད་ནླୁང་འକ୍ଷର ଦୟା ପାଇଁ ଯଶ ଯ ପାଞ୍ଜଙ୍ଗ । ପାଞ୍ଜଙ୍ଗ ପାଇଁ ଦୟା କୁହାଣ ଦିନ ଖୁବି ଧର ଶର

LE DRE HLUR LEN GE WAY LE LA TSÖN DRO WAY DÖN DU CHÖ DANG DEN PAR SHOK
Be diligent in virtue, And may they take up the dharma for the benefit of beings.

And then:

ਤ੍ਰੈ ਲੁਚ ਕੇ ਸਾਡੀ ਬਾਣੀ ਪਹਿਲਾਂ ਪਹਿਲਾਂ | ਰਥਸਨ ਪਵੈ ਜ੍ਞਾਨ ਸਨ੍ਦ ਬੇਚ ਰਥਸਨ |

DE TAR TSE CHIK SÖL TAP PE PHAK PAY KU LE Ö ZER THRÖ¹
By having prayed like this one-pointedly, Light shining from the holy form,

ਮਾਂਦ ਸਾਂਖ ਸ਼ੁਦ ਰਥਸਨ ਸੈਨ ਸ਼ੁਦ ਸਾਂਖ | ਛੀ ਸ਼ੁਦ ਸਨ ਬਕ ਸ਼੍ਰੀ ਬਿੰ |

MA DAK LE NANG THRÜL SHE JANG CHI NÖ DE WA CHEN GYI ZHING
Removes all impure karma and bewilderment. The outer world becomes the pure land of bliss.

ਨੰਗ ਚੁਕ੍ਯੇ ਰਸਨ ਦੁਆਰਾ ਨੰਗ ਚੁਕ੍ਯੇ ਰਸਨ ਦੁਆਰਾ |

NANG CHÜ KYE DRO LÜ NGAK SEM CHEN RE ZIK WANG KU SUNG THUK
The body, speech, and mind of beings within it Become the body, speech, and mind of Chenrezik.

ਜ੍ਞਾਨ ਸਨ ਸਿਧਾ ਸ਼ੁਦ ਦੁਆਰਾ ਮੇਦ ਸ਼ੁਦ |

NANG DRAK RIK TONG YER ME GYUR
All knowledge, sound, and all appearances become inseparable from emptiness.

Meditate like this as you recite the mantra.

ॐ ਮਾਣਪਦਮੈ

OM MANI PADME HUM

ਸਾਹਸ ਪਰਿਚ ਸਾਹਸ ਮੀ ਹੱਥਸਾ ਸਵੈ ਸਨ ਦੁਆਰਾ ਸਾਹਸ |

Recite as many times as you are able. Finally, the mind remains absorbed in its own essence without making distinctions between subject, object, and act. Then repeat:

ਦਾਕ ਜੇਨ ਲੁ ਨਾਂਗ ਫਾਕ ਪਾਕ ਪਾਕ ਪਾਕ | ਜ੍ਞਾਨ ਸਨ ਘੀ ਬੇ ਹੁਣ ਪਵੈ ਦੁਆਰਾ |

DAK ZHEN LÜ NANG PHAK PAY KU DRA DRAK YI GE DRUK PAY YANG
Everyone appears in the form of Chenrezig. All sound is the sound of his mantra.

ਹੁਣ ਹੱਥਸਾ ਘੀ ਸੈਨ ਕੇਕ ਅੰਦੀ ਸ਼ੁਦ |

DREN TOK YE SHE CHEN PÖ LONG
All that arises in the mind is the great expanse of wisdom.

Dedication of merit:

༄༅། ། དྲୟ-ସ- གྲ୍ରୀ- ཚි- ଶ- ଶୁଣ- କ- ସନ୍ଦର୍ଭ- ଶୁଣ- କ- ଶା

GE WA DI YI NYUR DU DAK CHEN RE ZIK WANG DRUP GYUR NE
Through virtue of this practice, May I swiftly achieve the All-seeing One's great state,

ପ୍ରକାଶକ ମହିନା ଜୁନ୍ ମୁଣ୍ଡାମ୍ ପତ୍ର ପରିଷଦ୍ ପରିଷଦ୍

DRO WA CHIK KYANG MA LÜ PA DE YI SA LA GÖ PAR SHOK
And to this same state, May I come to lead every being, not one left behind.

॥ ཨତ୍ମା ହୁଏ କଣ୍ଠରେ ପାଦରେ ପାଦରେ ପାଦରେ ପାଦରେ ପାଦରେ

DI TAR GOM DE GYI PAY SÖ NAM KYI DAK DANG DAK LA DRAL THOK DRO WA KÜN
With all the merit of this meditation and repetition, May I and every being to whom I am connected,

ବିଶ୍ୱାସ ଦ୍ୱାରା ପରିଚୟ କରିବାକୁ ପରିଚୟ କରିବାକୁ ପରିଚୟ କରିବାକୁ

MI TSANG LÜ DI BOR WA GYUR MA THAK DE WA CHEN DU DZÜ TE KYE WAR SHOK
When these imperfect bodies are left behind, Be born miraculously in the realm of bliss.

KYE MA THAK TU SA CHU RAP DRÖ NE TRÜL PE CHOK CHUR ZHEN DÖN JE PAR SHOK
Immediately after taking birth there, May emanations fill the ten directions in service for the benefit of all.

।ଦ୍ୟୋମନିଷିରୁଷାମ୍ବାଦୀଶ୍ୱରା । ସଂକଳିତ ପରିଚାରକ ପାଇଁ ଏହାର ଅଧିକାରୀ

GE WA DI YI KYE WO KÜN SÖ NAM YE SHE TSHOK DZOK TE
Through this virtue, May all beings perfect the accumulations of merit and awareness.

॥ ପଞ୍ଚମ ରତ୍ନା ଘେ ଶ୍ରେଷ୍ଠ ଦୀପ ପୁରୁଷ ପରୀ ॥ ୫୩ ॥

SÖ NAM YE SHE LE JUNG WAY DAM PA KU NYI THOP PAR SHOK
May they then attain the two supreme kayas, Which arise from merit and awareness.

江^楚頓^珠心^經寶^瓶殊^勝無^量壽^命無^量福^慧

JANG CHUP SEM NI RIN PO CHE MA KYE PA NAM KYE GYUR CHIK
As bodhicitta is so precious, And may it ever grow and flourish.

無^量壽^命無^量福^慧無^量智^慧無^量願^力無^量願^力

KYE PA NYAM PA ME PA DANG GONG NE GONG DU PHEL WAR SHOK
May those who have it not destroy it, And may it ever grow and flourish.



The Continuing Combined Practice of the Vidyadhara Guru,
The Short Daily Guru Rinpoche Sadhana

Blessing Clouds That Quickly Accomplish Siddhi: The Seven-Line Supplication of Guru Padma
Accompanied by Supplications of the Lineage Gurus.

On the tenth day and on all occasions, with a mind inseparable from Padmakara's, supplicate one-pointedly like this:

ଓ. শুভ্যুব্রীৰ পুনৰ্মাণঃ বন্ধো সম্ভূতি দ্বিঃ

HUM Ö GYEN YÜL GYI NUP JANG TSAM PE MA GE SAR DONG PO LA
Hum. At the northwest border of Uddiyana, on the calyx of a lotus stem,

ယုမဟန်မန္တနာရီ၏နှင့်သူတွေ့ဆုံးခဲ့သူများ

YA TSEN CHOK KI NGÖ DRUP NYE PE MA JUNG NE SHE SU DRAK
you attained wondrous, supreme siddhi, and are renowned as the 'Lotus-Born'.

ବିଷ୍ଣୁ-ମାତ୍ରା-ଦୂର୍ଗ-ମନ୍ଦିରାଶ୍ରମ-ପଞ୍ଜାବୀ

KOR DU KAN DRO MANG PÖ KOR KYE KYI JE SU DAK DRUP KYI

You are surrounded by a retinue of many dakinis. I practice in emulation of you.

ଶ୍ରୀକୃଷ୍ଣାପାତ୍ର ଶ୍ରୀମଦ୍ଭଗବତାନୁଷ୍ଠାନଙ୍କୁ ପ୍ରମାଣିତ ହେଲାମୁଣ୍ଡଳୀରୁ

JIN GYI LAP CHIR SHEK SU SÖL GURU PE MA SIDDHI HUM

I pray that you come in order to grant your blessing.

ଅ|| ଶ୍ରୀଦେଵପୂଜ୍ୟମକୁମାରୀଦ୍ୱିତୀୟକୃତ୍ସନ୍ଧବମହାତ୍ମିକମହାକୃତ୍ସନ୍ଧବମହାତ୍ମିକ

Supreme Bestowal of the Two Attainments, a Supplication to the Lineage of the Combined Practice of the Vidyadhara Gurus

ଓ|| শ্ৰীশুভি কেশঞ্জিকেন্দ্ৰয়ে ব্ৰহ্মদৰ্শক প্ৰিণা প্ৰদৰ্শন কৃত্যব্যক্তি প্ৰাপ্তিৰ ব্ৰহ্মণিৰাপত্তি

OM AH HUM CHÖ KU TSE DANG YE SHE Ö PAK ME LONG KU GYAL WA GYAM TSO CHEN RE ZIK
Om Ah Hum. Dharmakaya, Boundless Life, Wisdom and Light; Samboghakaya, Ocean of Victors, Avalokita;

ଶାନ୍ତିପଦ୍ମବିଜ୍ଞାନାନ୍ତର୍ଗୁଣୀୟତାକୁ ପରିଚୟ କରିବାକୁ ପାଇଲା

TRÜL KU PE MA JUNG NE TSO GYAL YUM SÖL WA DEP SO DRO DÜL NGÖ DRUP TSÖL
Nirmanakaya, Padmakara and Tsogyal, the mother; I supplicate you. Bestow the siddhi of taming
beings.

শଦ୍ରୀକୁଶନୁଦ୍ବନ୍ଧନାର୍ତ୍ତିକାର୍ଥିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା
ମିଳିବନ୍ଦିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଥିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା

GANG GI KU SUNG TUK YÖN TRIN LE KYI MI SAY GYEN KOR TRÜL PAY RANG ZUK KYI

Your inexhaustible wheels of ornament — body, speech, mind, qualities, and activity — are embodied in

ହୈନ୍ଦାରନନ୍ଦନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା
ଶଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା

JE DANG BANG RIK NYI SHU TSA DÜN LA SÖL WA DEP SO DRO DÜL NGÖ DRUP TSÖL
emanation as the twenty-seven — the lord and subjects. I supplicate you. Bestow the siddhi of taming beings.

ଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା
ଶଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା

GYA BAL BÖ KYI PAN DRUP LO TSAT TSOK MAN DA RA WA LHAN KYE DA KI NGA
Panditas, siddhas, and translators of India, Nepal, and Tibet; Mandarava and the five connate dakinis;

ଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା
ଶଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା

KYIL KOR TSO WO NANG SI ZIL GYI NÖN SÖL WA DEP SO DRO DÜL NGÖ DRUP TSÖL
Nangsi Zilnön, the principal of the mandala — I supplicate you. Bestow the siddhi of taming beings.

ଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା
ଶଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା

NAM TRÜL TSEN CHOK GYAY DANG TÜL SHUK SHI GO KYONG RIK DZIN PA WO KAN DROI TSOK
Your emanations (the eight supreme names and the four who embody conduct), the guardians of the gates,

ଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା
ଶଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା

RIK DZIN DÜ PAY KYIL KOR LHA TSOK LA SÖL WA DEP SO DRO DÜL NGÖ DRUP TSÖL
vidyadharas, viras, and dakinis — deities of the mandala of the assembly of vidyadharas — I supplicate you. Bestow the siddhi of taming beings.

ଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା
ଶଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା

CHI NANG SANG WAY BAR CHAY YÜL LE GYAL CHOK TÜN NGÖ DRUP TSE DI NYI LA DRUP
Victorious over the warfare of outer, inner, and secret obstacles, may I accomplish the supreme and common siddhis in this very life.

ଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା
ଶଶ୍ରୀପାଦାର୍ଦ୍ଵନ୍ଧନାର୍ତ୍ତିକାର୍ଯ୍ୟାମ୍ବାଦ୍ଵାରା

GO SUM CHA NYOM KU SHI CHOK TU MIN DOR JE CHANG CHEN LA MAR YER ME SHOK
May my three gates and their unity be ripened into the four supreme bodies. May I become indivisible from Mahavajradhara, the guru.

In accordance with the wish of Karma Gyaltsen, this was written by Barway Dorje.

ੴ ਸਾਚਿਕੰਤਾ ਮਨੀਖਿਆ ਸੁਖਕਾਰੀ

The Continuing Combined Practice of the Vidyadhara Guru

କୁ'ଶତ୍ରୁ'କୁ'ଶତ୍ରୁ'ପରି'ଶତ୍ରୁ' ଶତ୍ରୁ'ପରି'ଶତ୍ରୁ'ଶତ୍ରୁ' ଶତ୍ରୁ'ପରି'ଶତ୍ରୁ' ଶତ୍ରୁ'ପରି'ଶତ୍ରୁ' ଶତ୍ରୁ'ପରି'ଶତ୍ରୁ' ଶତ୍ରୁ'ପରି'ଶତ୍ରୁ' ଶତ୍ରୁ'ପରି'ଶତ୍ରୁ' ଶତ୍ରୁ'ପରି'ଶତ୍ରୁ'

The three roots, the victors, and their children combined into one assembly of compassionate illusion:

Practice this means of accomplishing their combined essence. It includes all instructions. Samaya.

ବ୍ୟାପକ ଅନୁଷ୍ଠାନିକ ପରିମାଣରେ ବ୍ୟାପକ ଅନୁଷ୍ଠାନିକ ପରିମାଣରେ

For the continuing, combined practice, first go for refuge:

ଶ୍ରୀମଦ୍ଭଗବତପ୍ରକାଶନାମକ୍ଷେତ୍ର ପ୍ରକାଶନାମକ୍ଷେତ୍ର

NAMO KU SUM LA MAR NYING NE KYAB SU CHI DRO NAM DRÖL CHIR JANG CHUP SEM CHOK KYE
Namo. I go for refuge from my heart to the trikaya guru. In order to liberate beings, I generate bodhicitta.

ଶ୍ରୀମତୀ ପାତ୍ନୀ କଣ୍ଠାରୀ ଏବଂ ଶ୍ରୀ ପାତ୍ନୀ କଣ୍ଠାରୀ ଦ୍ୱାରା ଲଖିଅଛି।

CHAK TSAL CHÖ BÜL DIK SHAK GE YI RANG MI DA SHUK SÖL CHÖ SUNG GE WA NGO

I prostrate, offer, confess wrongs, rejoice in virtue, request you to remain without passing and to teach dharma, and I dedicate virtue.

শুভেশ্বর প্রদত্ত কৃষ্ণ শিমশা মহাশ এবং শুভেশ্বর

Having gone for refuge, generate bodhicitta. Second is the actual practice, meditation on the deities:

ଓঁ আদ্বিতীয়ানন্দসুব্রহ্মণ্যমাহাত্ম্যের কৃত্যকৃতি

AH KA DAK LHÜN DRUB TUK JEI GYU TSAL HRIH

Ah. The magical display of primordial purity, spontaneous presence, and compassion is Hrih.

དི-ཡි-ན්ද-ෂූ-ම-රා-භ්-ද-ව-කු-ද-ඩ්-ඩා- රු-රා-ම-ය-ශ-ෂ-ද-ෂ-ෂ- තු-ස-ර-ය-ෂ-ර-ය-ෂ-

DE YI Ö KYI MA DAK NÖ CHÜ JANG DANG MA YE SHE Ö KYI KOR YUK Ü

Its light purifies the impure environment and contents. Within surroundings of pure, wisdom light, atop

དཔའ-ສ୍ରී-මි-ත්ස-යකු-ඩ-ෂ-ය-ය-ත-ා-ව-ද-ං

PAL GYI RI WOR PE MAY SHAL YAY KANG DZAY JI KO LEK DE NANG SENG GEI TRI

the glorious mountain, is a lotus palace. It is beautiful, majestic and well-arrayed. In it, on a lion throne,

དྲୁତିକ୍ଷମିତିରେ ପରିପୂର୍ଣ୍ଣ ପରିପ୍ରକାଶିତ ହେବାର ପରିମାଣରେ ଏହାର ଅନ୍ତର୍ଭାବରେ ଏହାର ଅନ୍ତର୍ଭାବରେ

PE MA NYI DAI TENG DU GYU YIK LAY Ö TRÖ DE SHEK JIN DÜ DRO DRIP JANG
lotus, sun, and moon is the causal syllable. Light radiates from it, collecting the blessings of the sugatas and purifying beings' obscurations.

藏文：西藏自治区人民代表大会常务委员会关于修改《西藏自治区实施〈中华人民共和国民族区域自治法〉办法》的决定

TSUR DÜ DOR JE HRIH TSEN Ö DU SHU YONG GYUR KOR DAY CHI PAL LA MA NI

The light is withdrawn into the Hrih, which is transformed into a vajra marked with Hrih, which melts into light, becoming the Guru, the splendor of all samsara and nirvana.

藏文：**西藏自治区人民代表大会常务委员会关于修改《西藏自治区实施〈中华人民共和国民族区域自治法〉办法》的决定**

NANG SI ZIL NÖN PE MA JUNG NAY KU KAR LA MAR DANG DZE DZUM CHUNG ZAY TRO

He is Padmakara, whose brilliance subdues all that appears and exists. White with a reddish hue, he is handsome, smiling, and slightly wrathful.

TSEN ZANG Ö BAR PE JAY TA NA DUK CHAK NYI YAY PAY DOR JE KA LA DENG

Blazing with the auspicious marks, he is pleasing to look upon. Of his two hands, the right brandishes a vajra in the sky.

NYAM SHAK DÜ TSI PE NÖ TSE BUM YÖN Ü LA PE MAI TONG DRÖL DAR NA DANG

The left, in even placement, holds a lotus vessel of ambrosia and a life-vase. On his head is the lotus hat that brings liberation through being seen,

RIN CHEN CHÖ PEN NYI DA NOR BUI GYEN SER GYI DOR JE GÖ TRU KA LA NYEK

ornamented by silk ribbons, a jewelled crown, a sun, moon, and gems. Its golden vajra and vulture feather reach the sky.

ସାହିତ୍ୟକାରୀଙ୍କ ପଦମଧ୍ୟରେ ଏହାର ଅନୁଭବ ଅନୁଭବ କରିବାକୁ ପାଇଲା

DZAY SÖL NAK NUM CHÜN CHANG U TRA DRÖL SANG GÖ KAR PO WANG GI PÖ KA TING

His hair is unbound, lustrous, long, black, and shiny. He wears a white inner robe; the blue robe of

CHÖ GÖ ZUNG NI MAR SER SER Ö TSER TONG GÖ TSAL KA BER CHEN MUK PO LUP
majesty; the two orange dharma robes, resplendent with golden light; a vermilion outer robe; and a voluminous, brown cloak.

ଶଶଦ୍ୟାନିଷ୍ଠମାତ୍ରକ୍ଷଣାତ୍ମର୍ଥାନ୍ତର୍ଯ୍ୟକ୍ଷଣଃ ଅନନ୍ତଶୁଦ୍ଧିକ୍ଷଣାତ୍ମର୍ଥାନ୍ତର୍ଯ୍ୟକ୍ଷଣଃ

SANG WAY YUM CHOK KA TWANG DRU YÖN TEN SHAP ZUNG SAK CHEN SÖL NAY GYING TAP RÖ
The supreme, secret mother rests in his left elbow as a khatvanga. His two feet, wearing brocade boots, are at graceful ease.

ରେବରକ୍ଷଣଦ୍ୱାରା ସ୍ଵର୍ଗତି ପାଇଲୁଛାନ୍ତଙ୍କରଙ୍କ ମୂଳ୍ୟରେ

JA TSÖN Ö PUNG KYIL WAY Ü NA SAL CHI WOR GYAL WA GYAM TSO PAK MO YUM
He is vivid in the midst of a mass of swirling rainbow light. Above his head is Jinasagara and the mother Varahi.

TENG CHOK TSE Ö PAK MAY GÖ KAR YUM CHOK TSAM GU RU TSEN GYAY TÜL SHUK SHI
Above them are Amitabha/Amitayus and the mother Pandaravasini. In the directions and corners are the eight names of the Guru and the four who embody conduct.

ଶବ୍ଦ-ଯଦ-ରୀତ-ରେକ-ରୂପ-ନ୍ୟାକ-କ-ଶାଶ୍ଵତ-ମୁଖ୍ୟ

GO SHIR PA WO KAN DRO GING CHAY SAL SHEN YANG RIK DZIN LOP PÖN TSA SUM LHA
In the four gates are viras, dakinis, and ginkaras, vividly present. As well, there are vidyadharas, masters, and the deities of the three roots, innumerable, as many as there are atoms.

དཔལ་མේද් ཡුත් දැම්වා යා සම්සා තද් සුද්

PAK MAY DÜL DANG NYAM PA TAM CHAY KYI NE SUM DRU SUM NAY NGAR DRU CHOK CHU
In the three places of all of them are the three syllables. In their five places are the ten supreme syllables.

ଶ୍ରୀକୃଷ୍ଣମହାପଦ୍ମନାଥଙ୍କ ପଦ୍ମନାଭଙ୍କ ପଦ୍ମନାଭଙ୍କ

SO SOI GYAY DAP DÜ TSII WANG CHEN KUR TUK SOK Ö ZER CHAK KYÜ RAP JAM SHING
They are individually sealed and receive the great empowerment of amrita. Hooks of light from their

ଶ୍ରୀଶଶୁମାରାଜାରାମପ୍ରମାଣିତକବନ୍ଧାଗୁରୁ

KU SUM NAY NAY MA LÜ CHEN DRANG GYUR

heart syllables invite all of them from the boundless realms of the trikaya.

શ્રુતાદ્વિષણાશ્રુતાદ્વિષણાઃ

Third, the invitation of the wisdom ones:

હ્રીઃ એવાદ્વિષણાશ્રુતાદ્વિષણાઃ મયાદ્વિષણાશ્રુતાદ્વિષણાઃ

HRIH DE WA CHEN DANG PO TA LA YI SHING NGA YAP LING SOK GAR SHUK NAY NAM NAY
Hrih. From Sukhavati, the Potala realm, Chamaradvipa, or wherever you abide,

કુશનુમાસુપત્રાશ્રુતાદ્વિષણાઃ કુશનુમાસુપત્રાદ્વિષણાઃ

KU SUM GYAL WA LA MA RIK DZIN TSOK DRUP PAY NAY DIR CHEN DREN SHEK SU SÖL
Trikaya, victors, vidyadhara gurus, I invite you to this place of practice. Please come here.

ॐ આહુઃ કુશનુમાસુપત્રાશ્રુતાદ્વિષણાઃ

OM AH HUM BADZRA GURU PE MA TO TRENG TSAL BADZRA SAMAYA DZA SIDDHI PHALA
HUM AH

હ્રીઃ એવાદ્વિષણાશ્રુતાદ્વિષણાઃ

HA RI NI SA RA TSA HRIH YA TSITTA HRIM HRIM DZA DZA HUM BAM HOH PEMA
KAMALAYA STWAM

એવાદ્વિષણાઃ

Fourth, offerings:

ॐ ગુરુષ્ટાનુક્રમાદ્વિષણાઃ

OM KÜN ZANG CHÖ TRIN NYER CHÖ DÖ YÖN TSOK SAK MAY DÜ TSI MEN TOR RAK TA DANG
Om. I offer clouds of offerings like those of Samantabhadra—the usual offerings, desirable things, undefiled amrita, medicine, torma, rakta,

દ્વારાદ્વિષણાઃ

GA SHI DE TONG DE KO NA NYI CHOK LA MAY GYE CHÖ BÜL LO NGÖ DRUP TSÖL
the four joys, bliss-emptiness, and supreme that-only—unsurpassed, pleasing offerings. Bestow siddhi!

અંગારાદ્વિષણાઃ

OM BADZRA ARGHAM PADYAM PUPAY DHUPAY ALOKE GHENDAY NEWIDAY SHAPTA TRATITSA
PUDZA HO PANTSA BALINGTA RAKTA MAHASUKHA DHARMADHATU A HO

ଶ୍ରୀପାତ୍ରକଣ୍ଡଳେଶ୍ୱରମୁଖପାତ୍ରଃ

Fifth, the offering of praise:

HRIH CHÖ KU TSE DANG Ö NANG TA YAY PAL LONG KU CHIK DÜ GYAL WA GYAM TSO CHOK

Hrih. Dharmakaya, glorious Boundless Radiance of Life and Light; sambhogakaya embodied as one, the supreme Ocean of Victors;

KYIL KHOR KÜN DÜ TSO KYE DOR JEI KU RIK DZIN LA MAY KYIL KHOR TSOK LA TÖ

Lake-Born Vajra, embodiment of all mandalas—I praise the assembly of the mandala of the Vidyadhara Guru.

କୁଣ୍ଡଳାରୀ ମହିଳାଙ୍ଗନ

Sixth, the visualisation for mantra repetition:

ସମ୍ବନ୍ଧିତ କାର୍ଯ୍ୟଙ୍କ ପରିପାଳନା କାର୍ଯ୍ୟଙ୍କ ପରିପାଳନା

TUK KAY Ü SU PE DA DOR JEI TER

HRIH YIK KAR PO TSA NGAK KHOR MAR KOR

In the midst of my heart, at the center of a vajra on a lotus and moon, a white Hrih syllable is encircled by the root mantra, clear, stable, and blazing with light.

শাস্ত্র-বচন-দ্বয়-ৰূপ-জ্ঞান-শৈল-শুভ-শাশ্মি-বিদ্যাঃ ৰ-ষিঃ-দ্ব-ৰী-শৈল-শুভ-শাশ্মি-বচন-দ্বয়-ৰূপ-জ্ঞান-শৈল-শুভ-শাশ্মি-বিদ্যাঃ

SAL TEN Ö BAR NGAK DRAY TONG SUM KENG

DE YI Ö KYI CHOK CHUI GYAL WA CHÖ

The mantra's sound fills the billion worlds. Its light presents offerings to the victors of the ten directions,

ସିର୍ବକ୍ଷମଶକ୍ତିମାତ୍ରାଙ୍କ ପରିପ୍ରେକ୍ଷଣ କରୁଥିଲୁଗାରୁ ଏହାଙ୍କିମାତ୍ରାଙ୍କ ପରିପ୍ରେକ୍ଷଣ କରୁଥିଲୁଗାରୁ

JIN LAP TSUR DÜ LAR TRÖ DRO DRIP JANG

KÜN KYANG LHAR GYUR TING DZIN TSE CHIK BAY

Light radiates again, purifying the obscurations of beings. All become deities. Exert yourself in one-pointed samadhi.

བྱନ୍ହ ପାତ୍ରକାଳୀନ ପଦି ମାତ୍ରାଙ୍କିତ

Seventh, the stage of repetition:

ଓঁ আৰু হৃষি পন্থ শুন পন্থ শীঘ্ৰ হৃষি

OM AH HUM BADZRA GURU PEMA SIDDHI HUM

藏文書寫

The complete trikaya quintessence:

အောင်မြန်မာရွှေလျှောက်မြို့၊ အောင်မြန်မာရွှေလျှောက်မြို့၊ အောင်မြန်မာရွှေလျှောက်မြို့

OM AMITABHA AYU SIDDHI HRIH OM AH HUM HRIH OM MANI PEME HUM
OM AH HUM BADZRA GURU PEMA SIDDHI HUM

ମହାଶ୍ରୀନିତିଶ୍ରୀପାତ୍ରି

The accomplishment of supreme and common siddhi:

၂၀၁၅ ခုနှစ်၊ မြန်မာနိုင်ငံ၊ ရန်ကုန်မြို့၊ အမှတ် ၁၃၁၊ ပေါင်းလဲလွှာ

OM AH HUM BADZRA GURU PEMA TÖ TRENG TSAL BADZRA SAMAYA DZA SIDDHI PHALA
HUM AH

ସମ୍ବନ୍ଧଶାସ୍ତ୍ରକାନ୍ତିକ ପଞ୍ଜୀୟମାଙ୍ଗ

Recite however many is appropriate while meditating in samadhi.

བ୍ୟକ୍ତି-ପାଦଶ୍ଵର ପଦିକ୍ଷେମା-ପଦିକ୍ଷେଃ

Eighth, the withdrawal stage:

དམ་ཆེས་ჰྱାନ୍ གྲୁଦ୍ ད୍ୱାଦ୍ଶ རྣ୍ རྒୁ རେ རେ

DAM TSIK NÖ CHÜ Ö SHU TSO LA TIM DE YANG TUK SOK LA DÜ YAY RIM SHIN

The visualized environment and its inhabitants melt into light and dissolve into the principal. He is withdrawn into his heart-syllable,

NA DA DE YANG MI MIK NGANG DU YAL Ö SAL DE WA CHEN POI LONG DU DZOK A AH
which dissolves upward into a nada. That disappears into the unconceptualized state, perfect in the expanse of luminous, great bliss! A Ah.

LAR YANG KAY CHIK RIK TSAL CHA GYAY LHA SHAL CHAK GYEN DZOK NAY SUM DRU SUM TSEN

Again, the deity embodying the display of awareness arises instantaneously,

with face and hands and full ornamentation, marked at the three places by the three syllables.

শৰ্ম'ম'দ'শ'ঘ'ঞ্জ'ন'ফ'ন'শ'ন'র'গ'য'ন'ু'ৰ'ঃ ৰ'ু'ন'শ'ন'প'ু'ণ'ক'ন'ৰ'শ'ঘ'ৰ'ু'ন'শ'ঃ

SHOM MAY GO GO NANG DRAK RIK PA KÜN LHA NGAK CHA GYAY DRO WAY DÖN JAY GYUR
The invincible armor is donned. All appearances, sound, and awareness are deity, mantra, and mudra, with which I will benefit beings.

ଘ'ন'ঘ'ন'ঘ'ঞ্জ'ৰ'ু'ঃ ৰ'ু'ন'শ'ত'ৰ'ু'ন'ৰ'ঃ

PAY PAY OM AH HUM BADZRA KA WA TSI RAKSHA HAM
Pay Pay Om Ah Hum. Badzra Ka Wa Tsi Raksha Ham.

ନ'ସ'ପ'ଦ'ଶ'ିଣ'ଗ'ନ'ନ'ପ'ନ'ଶ'ঃ ৰ'ু'ন'শ'ିନ'ତ'ି'ଶ'ର'କ'ନ'ଶ'ঃ

GE WA DI YI NYUR TU DAK NANG SI ZIL NÖN DRUP GYUR NAY
Through this virtue may I quickly accomplish Nangsi Zilnon,

ର'শ'ଶ'ତ'ି'ଶ'ଗ'ନ'ମ'ଗ'ନ'ଶ'ঃ ৰ'ু'ପ'ି'ଶ'ା'ଯ'ର'ଶ'ଦ'ପ'ଶ'ঃ

DRO WA CHIK KYANG MA LÜ PA DE YI SA LA GÖ PAR SHOK
and establish all beings without exception in his state.

ନ'ସ'ଗ'ନ'ଶ'ି'ଶ'ା'ପ'ଦ'ି'ଶ'ା'ର'ସ'ঃ

Dedicate the virtue and cast flowers of auspiciousness.

ହ'ି'ঃ ৰ'ু'ନ'ପ'ଦ'ଦ'ଶ'ି'କ'ର'କ'ଶ'ନ'ଶ'ৰ'ু'ନ'ঃ ৰ'ু'ନ'ଶ'ି'ଶ'ନ'ଗ'ନ'ଶ'ି'ଶ'ନ'ମ'ନ'ঃ

HRIH KÜN SANG DOR JE CHANG CHEN CHÖ KYI KU LONG KU RIK NGA SEM PA SEM MA DANG
Hrih. Through the power of the great blessing of Samantabhadra, Mahavajradhara, the dharmakaya; the sambhogakayas — the five families and male and female bodhisattvas;

ଶ'ି'ଶ'ନ'ଶ'ି'ଶ'ନ'ଶ'ି'ଶ'ନ'ଶ'ି'ଶ'ঃ ৰ'ু'କ'ର'କ'ଶ'ନ'ଶ'ି'ଶ'ନ'ଦ'ି'ଶ'ନ'ଶ'ି'ଶ'ନ'ঃ

TRÜL KU TÖN PA RIK DZIN LA MAY TSOK JIN CHEN TOP KYI DENG DIR TA SHI SHOK
and the nirmanakayas—our teacher and the vidyadhara gurus, may all be auspicious here and now!

ଶ'ି'ଶ'ନ'ଶ'ି'ଶ'ନ'ଶ'ି'ଶ'ନ'ଶ'ି'ଶ'ঃ ৰ'ু'ର'ଶ'ନ'ଶ'ି'ଶ'ନ'ଶ'ି'ଶ'ନ'ଶ'ି'ଶ'ঃ

NANG SI KU DANG SHING KHAM GYAM TSOI YING YE NAY SAL DZOK DAK PA RAP JAM LONG
Appearance and existence are an expanse of oceans of kayas and realms, a vastness of boundless purity, luminous and perfect from the beginning.

ମହାବିଦ୍ୟାକ୍ଷରଣାପାତ୍ରରେ ଏକାକିନୀକାରୀ ଅଧିକାରୀଙ୍କ ପାତ୍ରରେ ଏକାକିନୀକାରୀ ଅଧିକାରୀଙ୍କ ପାତ୍ରରେ

TSEN DZIN TRÖ PA DRAL WAY YE SHE CHE TSE DI NYI LA DRUP PAY TA SHI SHOK

May there be the auspicious accomplishment of great wisdom, free of concepts and elaboration, in this very life.

ସମ୍ବନ୍ଧିତ କାହାର ପଦାର୍ଥରେ ଏହା କାହାର ପଦାର୍ଥରେ ଏହା କାହାର ପଦାର୍ଥରେ

Extracted from the treasure of Barway Dorje. Sarvamangalam!

শাশুদ্ধে ক্ষেত্র সুষমা একান্ত পরিদর্শন করিব।

SANG CHEN RIK GYE DZÖ DZIN DAM PE KAR GYAL KUN DU SHAL DU DUL LING PA YI

Holder of the treasury of the hundred families of great secrecy, Holy dance embodying all victors, Düdül Lingpa,

༄༅· རුද්· མුද· ཡුද· ພෙන· ສුද්· ສං· ຖාන· ສුද්· ສං· ຖාන· ກේන· ແ· ຕිද· ອි· ປ්‍රේ· ສං· ມස· ລුද· ດැද්· ດැද්· ວා· ສි· ສං· ສේ· ສං·

SAP GYE ME JUNG DRE BUI SANG NGAK CHÖ SI SHI CHOK TAR KYAP PE TA SHI SHOK

May there be the goodness of your profound, vast, wondrous resultant secret mantra dharma

spreading throughout existence and peace, filling every direction to its limit.

ମୀ'ଧର'ଧର'ଶଶୁଦ୍ଧର'ଶ୍ଵା

Written by Mipam.



Long Life Prayers

Kunzang Palchen Ling

Prayer for the Long Life of His Holiness, the Fourteenth Dalai Lama

ஓ| ལྷ ར ས ཤ ས ཤ ས ཤ ས ཤ ས |

GANG RI RA WE KOR WAY SHING KHAM DIR

In the land encircled by snow-covered mountains

ଘ ନ ନ ସ ନ ସ ନ ସ ନ ସ ନ |

PEN DANG DE WA MA LÜ JUNG WAY NE

you are the source of all help and happiness.

ଶ କ ର ଶ କ ର ଶ କ ର ଶ କ ର |

CHEN RE ZIK WANG TEN DZIN GYA TSO YI

Avalokiteshvara, Tendzin Gyamtso,

ଶ କ ର ଶ କ ର ଶ କ ର ଶ କ ର |

SHAP PE SI TAI BAR DU TEN GYUR CHIK

please remain alive until the end of samsara.

The Music of Immortality: a Longevity Supplication for the Lord of the World, the Great Seventeenth Holder of the Black Crown

ଓ। ଜୀବନ୍ତିଶିଖି ।

OM SVA STI SIDDHAM

Om Svasti Siddham

ଦ୍ୱାରା ମହାକାଳଙ୍କିଣୀଙ୍କୁ ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ ।

NGO TSAR ME DU JUNG WAY YE SHE KU DRAL MIN YÖN TEN GYA TSÖ PAL DANG DEN
Wondrous, excellent wisdom body, endowed with the glorious ocean of qualities of freedom and

ଦୂଷମାନ୍ତ୍ରିକାରୀଙ୍କୁ ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ ।

DÜ SUM GYAL WAY CHI ZUK KAR MA PAY ZHAB PE TEN CHING DZE TRIN GYE GYUR CHIK
ripening, Karmapa, embodiment of all the victors of the three times, may your lotus feet remain

କଣ୍ଠରେ ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ । ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ ।

CHÖ YING LONG NE GONG PAY TSAL TRUK TE SAM ZHIN SI PAY TSÜL TEN NGO TSAR WA
firm; may your activity increase. The energy of your wisdom issues forth from the dharmadhatu.

ଦୂଷମାନ୍ତ୍ରିକାରୀଙ୍କୁ ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ ।

DÜ SUM JÖN KA KHAM SUM CHÖ KYI JAY ZHAB PE TEN CHING DZE TRIN GYE GYUR CHIK
You display wondrous, intentional rebirth. Dharma Lord of the three realms, you are unequaled in

ମହାକାଳଙ୍କିଣୀଙ୍କୁ ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ ।

TONG TÖ DREN REK TAR LAM JOR DZE CHING KHYEN TSE NÜ PAY ZI JI RAB BAR WA
the three times. May your lotus feet remain firm; may your activity increase. You place all who see,

hear, touch, or think of you on the path to liberation. You blaze with majestic wisdom, kindness, and

ଶାଶ୍ଵତମାନ୍ତ୍ରିକାରୀଙ୍କୁ ପରିଷରରେ ପରିଷରରେ ।

SA SUM MÜN SEL GE LEK Ö TONG GYE ZHAB PE TEN CHING DZE TRIN GYE GYUR CHIK
power. You dispel the darkness in the three levels of existence and radiate a thousand rays of virtue

ମହାକାଳଙ୍କିଣୀଙ୍କୁ ପରିଷରରେ ପରିଷରରେ ପରିଷରରେ ।

LAB SUM TSÜL TRIM TSANG ME GYEN DZE CHING KHE TSÜN ZANG DANG TÖ SAM GOM PA YI
and excellence. May your lotus feet remain firm; may your activity increase. You are adorned by the

three trainings and pure morality. Your being is fully ripened through learning, nobility,

TUK GYÜ YONG MIN ZHEN GYÜ DRÖL NÜ PAY ZHAB PE TEN CHING DZE TRIN GYE GYUR CHIK
benevolence, and hearing, contemplation, and meditation. You are able to liberate others. May your
lotus feet remain firm; may your activity increase.

ସମ୍ବନ୍ଧରେ ପାଇଁ କିମ୍ବା ଏହାରେ କିମ୍ବା ଏହାରେ କିମ୍ବା ଏହାରେ କିମ୍ବା ଏହାରେ କିମ୍ବା

RI DREL TEN DANG KHE PAR DRUB GYÜ KYI RING LUK DRI ME CHÖ TSÜL NAM DAK DI
You fill the whole world with the nonsectarian doctrine, and especially the stainless Dharma

ରହୁ ଶ୍ଵିଦ୍ୟନ୍ତା ପରିତ୍ରକ୍ଷା ଗୋଦା ମହଦ୍ୱାରୀ । କବତ୍ରିପଦ ପକ୍ଷକ୍ଷିତିଦ୍ୱାରା ସ୍ଥିତିକ୍ଷଣ କରିବାକୁ ପରିଚାରିତ କରିଛି ।

DZAM LING YANG PAY KYÖN KÜN GENG DZE PAY ZHAB PE TEN CHING DZE TRIN GYE GYUR CHIK tradition of the Practice Lineage. May your lotus feet remain firm; may your activity increase.

॥ ວ්‍යුද්‍යායා තුමා උත්සාද් මක්ෂූ උත්සාද් මක්ෂූ ව්‍යුව් එම් | ව්‍යුද්‍යා ප්‍රාත්‍යුම් මක්ෂූ ක්ෂාණා මක්ෂූ මක්ද මුදා |

DRANG YE SAM DE NGO TSAR GYU TRÜL GYI KÖ PA GYA TSO NA TSOK TÖN DZE KYANG
Although you display innumerable oceans of inconceivably miraculous forms,

ଶ୍ରୀମତୀ. ପାତ୍ରମାତ୍ରା କୁମାରୀ ପାତ୍ରମାତ୍ରା କୁମାରୀ ପାତ୍ରମାତ୍ରା କୁମାରୀ ପାତ୍ରମାତ୍ରା କୁମାରୀ

SHEK ZHUK TRÖ PAY TSEN MA KÜN DREL PAY ZHAB PE TEN CHING DZE TRIN GYE GYUR CHIK
you are beyond the elaborations of "leaving" and "remaining." May your lotus feet remain firm; may
your activity increase.

ସମ୍ବନ୍ଧ-କ୍ରମିତା-ପରିପ୍ରେକ୍ଷଣ-ପଦଶାଖା-ପରିପ୍ରେକ୍ଷଣ-ପଦଶାଖା ।

DOR NA RIK GYAY KHAB DAK KHOR LÖ GÖN PAL DEN LA MA GYAL WANG KAR MA PAY

In brief, glorious guru, Gyalwang Karmapa, pervasive lord of the hundred families and all mandalas,

ZHAB PE TEN CHING DZE TRIN GYE GYUR CHIK TRIN LE CHOK TA KÙN TU KHYAB PAR SHOK
May your lotus feet remain firm; may your activity increase. May your activity reach everywhere.

ଦ୍ୟାମ୍ବନ୍ଧମୁଖ୍ୟମନ୍ତ୍ରମହାପାତ୍ରମହାଶିଳ୍ପିକା । କଣ୍ଠମୁଖ୍ୟମନ୍ତ୍ରମହାପାତ୍ରମହାଶିଳ୍ପିକା ।

If you are supplicated with such respect and longing, then through the intentions of the three
and the ocean of virtuous.

କେତେ ବ୍ୟକ୍ତିଗତ ପରମାଣୁ ପାଇଁ ଯଦିକୁ ଶ୍ରୀପାନ୍ଥ ଗାନ୍ଧୀ ।

CHÖ NYI NAM PAR DAK PAY DEN TOB KYI JI KE MÖN PAY DÖN ZANG NYUR DRUB SHOK

and through the power of the truth of the pure dharmata, may these excellent aspirations be quickly fulfilled.

This pure aspiration was composed by Tai Situ, transforming a rebirth supplication for the previous Lord into a supplication for the longevity of the Seventeenth Gyalwang Karmapa, in response to the request, accompanied by offerings, of Tashi Lhadar, the custodian of the Rumtek Shedra. — Translated by Karma Yeshe Gyamtso.

Long Life Prayer for His Holiness the Gyalwang Karmapa and the Kagyu Lineage Holders

ଶ୍ରୀ ପଦିକେତ୍ତଶଶ୍ରୀ ସମ୍ବନ୍ଧରୁଙ୍କାଳେ ଏହାରେ ଯାଏନ୍ତିରେ ଏହାରେ ଯାଏନ୍ତିରେ

DE CHEN TSHOK KYI KHOR LOR TAK RÖL PA

You who continuously enjoy the mandala of great bliss,

କୁଶାଶ୍ରୀମାତ୍ରୁତ୍ସବରେ ଶହିରକେ ନାହିଁ ।

DÜ SUM GYAL WAY TER CHEN KAR MA PA

Karmapa, great treasury of all buddha activity,

YAP SE GYÜ PAR CHE PAY SI TSH
with your heart sons and lineage

ମଞ୍ଜୁଷାଯାମଞ୍ଜୁଷାଯାଦେହିମନ୍ତରବ୍ୟକ୍ତିମହିଳାଶାନ୍ତିଯା ।

KAI BA KAI BAY BAB DU ZHAR TEN SÖI

KAL PA KAL PAY BAR DU ZHAP TEN SOL
may you remain in this ocean of existence for kalpas and kalpas

ଶତାବ୍ଦୀ ଯଥିରାଜାଙ୍କରୁ ଶତାବ୍ଦୀ ଯଥିରାଜାଙ୍କରୁ ।

GANG GI ZAP SANG SUNG GI SANG WA LA

Whoever engages in the essential activity

ସନ୍ତମାଙ୍ଗପଦିଶ୍ଵରପ୍ରେଷଣୀ ।

THÖ SAM DRUP PAY NYING POR JE PA YI

the secret teachings of your profound

ସମ୍ବନ୍ଧରେ କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

YAR GYI CHU WO TA BUR GYE GYUR CHIK
and study increase like the surging rivers of summer

Prayer for the Swift Return of Barway Dorje

ༀ རྒྱྤྲ རྩྭ རྩྰ རྩྰ རྩྰ རྩྰ

ཇେ ພା ຮ୍ହ ສାଂ ຕୁ ວ ປ ຖ ສ ດ ທ ດ ດ ດ

E MA HO DÜ NE MI GYUR KUN ZANG TUK KYI ZHI

Emaho! From the ground, Samantabhadra's mind, unchanging from the beginning,

ଚ କୁ ପ ପ ପ ପ ପ ପ ପ ପ ପ

JA TSOL DREL WA NYUK MA'I LONG CHEN POR

The great effortless natural expanse,

ଦ କେ କ ଦ କୁ କୁ କୁ କୁ କୁ କୁ କୁ କୁ

DE CHEN DOR JE RANG TSAL CHI YANG TRO

Flows the infinite display of vajra great bliss.

ର ନ ର ନ ର ନ ର ନ ର ନ ର ନ ର ନ

RANG RIG DÖN GYI LA MAR SOL WA DEP

I pray to self-awareness, the ultimate guru!

ପ କ ମ କ କ କ କ କ କ କ କ

PEMA KARA JE BANG NYER NGA DANG

Padmākara, twenty-five disciples,

ଶ ନ ଶ ନ ଶ ନ ଶ ନ ଶ ନ ଶ ନ

NANG SI ZIL NÖN KARMA PA LA SOK

Karmapa who overpowers apparent existence,

ଶ ନ ଶ ନ ଶ ନ ଶ ନ ଶ ନ ଶ ନ

DRUB PA'I RIK DZIN CHEN PO NAM KYI TÜ

And all great accomplished vidyādharas: Through your power

༄ ཉ་ རྩྋ ། སନ୍ ། རྩྋ ། དୁ ། ཐ ། གୁ ། ན ། གୁ ། མ ། ང |

DRO WA'I GÖN PUNG NYUR DU JON GYUR CHIK

May he come back soon to protect and help beings!

མි ། ཟ ། ད ། བ ། མ ། ད ། ད ། མ ། ཝ ། |

MI SÜN GÜ PA SHIN TU DAR WA YI

Uncontrollable ruin is everywhere now

ਨ ། ལ ། ལ ། ཕ ། བྷ ། ད ། ད ། ད ། ད ། ད ། |

NYAM TAK NYIK MA'I DRO LA TSER GONG NE

Think with love of desperate degraded beings.

ਸ ། ལ ། ལ ། ཕ ། བྷ ། ད ། ད ། ད ། ད ། ད ། |

SE CHE GYAL WA'I TUK JE CHIK DÜ PA'I

You embody in one the compassion of all victors and their children.

ਐ ། ལ ། ལ ། ཕ ། བྷ ། ད ། ད ། ད ། ད ། ད ། |

KYAB NE RIN CHEN ZHING DIR NYUR CHAR SHOK

Precious source of refuge, please come back here swiftly!

ਦ ། ལ ། ལ ། ཕ ། བྷ ། ད ། ད ། ད ། ད ། ད ། |

DE LA BAR CHE LOK PAR TSOM PA YI

Guardians of the teachings with samaya and your retinues

ਜ ། ད ། ཕ ། བྷ ། ད ། ད ། ད ། ད ། ད ། |

JUNG PO'I YI CHEN TAM CHE TSER CHÖ PA'I

Of the eight classes who eradicate those

ਤ ། ད ། ད ། ད ། ད ། ཕ ། བྷ ། ད ། ད ། ད ། ད ། |

TEN SUNG DAM CHEN DE GYE KHOR CHE KYI

With demonic minds who would perversely prevent this:

ସମ୍ବନ୍ଧ ପରିଶ୍ରମାଦିକାରୀ ହେଲୁ ଏହାର ପରିଶ୍ରମାଦିକାରୀ ହେଲୁ ଏହାର

TÜN PA'I DROK DANG PA WA'I PUNG KYE CHIK

Please assist in this; be strong and mighty!

ଦେଖିଲୁବାକ୍ଷଣଗୁପ୍ତରୀତିରେ ଦୂରୀତରୀତିରେ ।

DE TAR CHÖ KYI KHOW LO KYIL KHOW NE

From the mandala of dharma's wheel

ଏହେବା ମିଳିବିଦ୍ୟା ଶୁଣୁ ରହୁବା ଏହିକିମିଳିବିଦ୍ୟା ।

CHÖ MIN YI KYI DÜN PA TSE CHIK PA'I

I pray this with one-pointed, unfabricated longing.

ଶକୁନ୍-ପଦି-ରକ୍ଷଣ୍-ପାତ୍ରକୁନ୍-ରକ୍ଷଣ୍-ପାତ୍ରକୁନ୍-ରକ୍ଷଣ୍ ।

DUNG WA'I BÖ PA GYANG NE SEN NGE NA

I know you hear my distant cry, my need.

ବ୍ୟେଷ୍ଣଶାଶ୍ଵତ୍ତୁରୁଷାହେତୁମୁକ୍ତିରୁଦ୍ଧିକ୍ଷାପନମହିତ୍ୱ ।

DREL TOK MA LÜ JE SU DZIN PAR DZÖ

Please care for all who are connected to you!

ଦେଶ-ରତ୍ନ-କୁର୍ବି-ଦୂଷା-ରୂପ-ବୈଷ-କର୍ମ-ବିଦ୍ୟ-। ସଞ୍ଜିତ୍-ପାଣ୍ଡିତ୍-ଯୁଦ୍ଧ-। ଶିଥ-ପଦ-ରେଣ୍ଟା-ଗ୍ରୀ-ପଦବୀ-ହୀ-ଏକା-ରେଣ୍ଟା-
ପଦି-ହୃଦୀ-ପା-ଦୂଦ-ଦୂଦ-ପି-ଦୂଦୁଦ-ପଦ-ବୈଷ-ପଦ-ମିଦ୍-। ଦେଶ-ପଦଦ-ହେତୁ-ନୁ-ପକ୍ଷ-ଏ-ଜ୍ଞାନ-କ୍ରିୟ-ଦୂଦ-ପା-
ପଦବୀ-ପଦି-ହୃଦୀ-ଶୁଣ୍ଡ-ଶାଶୁଣ୍ଡ-ପା-ରେ-ବିଷ-ବି-ପଦ-ଶାଶୁଣ୍ଡା-ପା-ଦୂଦ-ଦୂଦୁଦ-ପା-
ଶାଶୁଣ୍ଡ-ପଦି-ହୃଦୀ-ଶୁଣ୍ଡ-ଶାଶୁଣ୍ଡ-ପା-ରେ-ବିଷ-ବି-ପଦ-ଶାଶୁଣ୍ଡା-ପା-ଦୂଦ-ଦୂଦୁଦ-ପା-
ଶାଶୁଣ୍ଡ-ପୁରୁଷ-କର୍ମ-ରାଜକୀୟ-ଦେଶ-ପାକ-ପଦି-ରାଜକ୍ର-ମିତ୍ର-ଶୁଣ୍ଡ-ଶାଶୁଣ୍ଡ-ପା-ହୀ-କୁର୍ବି-ଶୁଣ୍ଡ-ପା-ନୀ-
ଶୁଣ୍ଡ-ହୃଦୀ-୨୦୨୨ ଜୟ- ଏ-କେଣ- ପା-ନୀକ- ପା-ନୀକ- ପା-ନୀକ- ପା-ନୀକ- ପା-ନୀକ- ପା-ନୀକ- ପା-ନୀକ-

I first met the third Barway Dorje when I was little. With unwavering faith and samaya he served the teachings and especially the supreme victor Rigpe Dorje, the lord of his family. He was extremely kind to me through his whole life. As he has passed into peace for a while, his consort Chötso asked me to write a prayer for his swift return; so I, known as Ogyen Trinley Dorje, moistened by the blessed dew of the Karmapa's name, wrote down whatever occurred to me on April 4, 2021. Virtue

Words of Aspiration for the Rebirth of Bardor Tulku Rinpoche

ༀ ཤ·པ·ද·ක·ர·ཡ·

NAMO PADMĀKARAYE!

ຂୁ·ସବିଦି·ସଦ୍ଗା·ତିନ୍ଦ୍ରକ·ଧ·ସର୍ବତ୍ରା·ଶ୍ଵର·ଦନ୍ତା|

KU ZHI DAK NYI TÖN PA CHOM DEN DE

Our teacher, the Bhagavān, who embodies the four kāyas;

ଶବ୍ଦି·ଶ୍ଵରା·ଶବ୍ଦି·ଶ୍ଵରା·ଶବ୍ଦି·ଶ୍ଵରା|

ZAB ZHI TRO DREL TEN PA DAM PA'I CHO

His teaching, holy dharma, profound peace beyond embellishment;

ଶିଷ୍ଟା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା|

RIK DROL GYE DEN TEN DZIN GE DÜN DE

Its holders, the sangha, who possess eightfold knowledge and freedom:

ପଞ୍ଚା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା|

LU ME KYAB NE DAM PE GE LEK TSOL

Infallible, holy sources of refuge, bestow goodness!

ଶ୍ଵରା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା|

TÖN PA'I DUNG TSOB ZAB SANG NYING PO'I DZÖ

Our teacher's scion, a treasury of the profound secret essence,

ଦନ୍ତା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା|

DA ME DOR JE KU NYE KHOR LO GYUR

You are a chakravartin among all who've achieved the immortal vajra body

ଦୁ·ମା·ରୋ·ଶଲେଷା·ଶକ୍ତି·ଶବ୍ଦା·ଶବ୍ଦା·ଶବ୍ଦା|

DU MA RO CHIK TSEN GYE NGE PAR TÖN

The single taste of diversity, you definitely display eight names.

ଶ୍ରୀକୃଷ୍ଣାମର୍ଦ୍ଦିନାମନ୍ତରାମାମନ୍ତରାମା

Ö GYEN TSO KYE GYAL WAY TAK TU KYONG

Lake-born victor of Uddiyana: always protect us!

କୁଳ୍ପିତ୍ତାରେ ନାହିଁ ଏହାରେ କିମ୍ବା କିମ୍ବା

HLO LING KHYÖN KÜN KHYAB PA'I ZAB TER KÜN

All the profound terma throughout this southern continent is found by

TRUL PA'I TER CHEN TER DAK TSO DANG KHOR'

Emanated great tertöns and terma heirs, principals and entourages.

କୁଣାରେ ପ୍ରେସର ଶୁନାରେ ଛିକ୍ ଘାନାରେ

DU MA'I JE DRAK GU RU'I TRIN LE PA

Among them, you perform Guru Rinpoche's activity

ସହେରୁ କେବୁ ଦସରା ପଦି ତୁ ହେ ଗୁରୁ ଶ୍ରୀ ପାଣ୍ଡିପା

TER CHEN BAR WAY DOR JE NYUR JÖN SÖL

Terchen Barway Dorje, I pray that you return to us quickly!

དྲྷାର ཝକ୍ଷଣ କୁଣ୍ଡଳ ଶ୍ରୀ ଝକ୍ଷଣି ପ୍ରିଯ ହସନ ଦା।

KÖN CHOK TSA SUM GYA TSO JIN LAB DANG

Through the blessings of the ocean of the three jewels and roots;

ସଦ୍ଗା'ଶି'ଙ୍କଷା'ପରମ'ଦ୍ୟା'ପଦି'ପଦ୍ମକ'ପଦି'ଙ୍କୁପନ୍ଥା।

DAK GI HLAK SEM DAK PA'I DEN PA'I TOB

The powerful truth of my pure, good intentions;

କ୍ଷେତ୍ରାନ୍ତିରେ ପାଞ୍ଚମୀ ଦିନ ଶତାବ୍ଦୀରେ କୁଣ୍ଡଳ ଜଗତରେ ଏହାର ପରିପାଲନ କରିଛି।

CHÖ NYI LU WA ME PA'I NÜ TU YI

And the infallible might of dharmata

ੴ ਸਤਿਗੁਰ ਪਾਦੇ ਪਕਿਰ ਰਸੂਵ ਸੁਰ ਲੇਖ॥

JI TAR MÖN PA DE ZHIN DRUB GYUR CHIK

May this aspiration I've made be fulfilled as intended.

ଲେଖା'ପ'ବନ୍ଦ'ଏକିତ'ରପର'କ୍ଷେତ୍ର'ଶୁ'ରେକ'ଶ'କେନି'ଗୁର'କ୍ଷେତ୍ର'କେଣ'ଶି'ଶୁରେ'ଏକାପ'ମ'ଶାସନ'ଯୁଗ'କେନ'ଏକ'ଦି'
ପାପକ'ଦ'ହୀ'ଶ'କ୍ଷେତ୍ର'କେଣ'କୁଶ'ଏକାପ'ମ'ଶାସନ'ଯୁଗ'କେନ'ଏକ'ଦି'
କୁଶ'ପ'ବନ୍ଦ'ଏକିତ'ରପର'କ୍ଷେତ୍ର'ଶୁ'ରେକ'ଶ'କେନି'ଗୁର'କ୍ଷେତ୍ର'କେଣ'ଶି'ଶୁରେ'ଏକାପ'ମ'ଶାସନ'ଯୁଗ'କେନ'ଏକ'ଦି'
ଏକାପ'ମ'ଶାସନ'ଯୁଗ'କେନ'ଏକ'ଦି'ଶୁରେ'ଏକାପ'ମ'ଶାସନ'ଯୁଗ'କେନ'ଏକ'ଦି'
ଏକାପ'ମ'ଶାସନ'ଯୁଗ'କେନ'ଏକ'ଦି'ଶୁରେ'ଏକାପ'ମ'ଶାସନ'ଯୁଗ'କେନ'ଏକ'ଦି'

ରାଧାଶାମ'ପୁନ'ଶଦ୍ଵ'ଶ'ଦବ୍ୟ'ଶ୍ଵଦନ'ଶେଷ'ଶବ'କୁମ'ଶବ'ଶୁଣ'ଶବେ'ଶିଦ'ଶବ'ଗୁର'ଶିଦ'ଶୁଣ'ଶି'ଶୁ'ଶବ'ଶିଦ'ଶବେ॥

၃၀၂၈။

I was asked to write these words of aspiration for the rebirth of Bardor Tulku Rinpoche by his consort Chötsö and various khenpos, lamas, monks, and disciples. I also have a profound connection with him through both dharma and samaya. On that pure basis, may these words of aspiration prove fruitful! May the terma dharma of his predecessors, the successive rebirths of Terchen Barway Dorje, flourish and long remain for the good of the teachings and beings! I pray that the ocean of the three jewels and three roots bestow auspiciousness!

This aspiration was made by Kenting Tai Situpa at my seat in India, Palpung Sherab Nampar Gyalway Ling, on April 9, 2021.

General Prayers for the Lama's Long Life

ஓ | ཤྱମା କୁ ଖାମ ଶା ଦିନ ସର୍ବ ସଂପଦା |

LA MA KU KHAM ZANG WAR SÖL WA DEP
I pray that the lama's life be excellent,

ଶ୍ରୀ ସନ୍ଦର୍ଭ କ୍ଷମା ସଂପଦା |

THRIN LE DAR ZHING GYE LA SÖL WA DEP
and that his activity increase and spread. Bless us that we remain inseparable from the lama.

ମହା କୁ ଖାମ କେ ଦିନ ସଂପଦା |

CHOK TU KU TSHE RING LA SÖL WA DEP
that his supreme life be long,

ଶ୍ରୀ ଦର୍ଶନ କ୍ଷମା ସଂପଦା |

LA MA DANG DREL WA ME PAR JIN GYI LOP
LA MA DANG DREL WA ME PAR JIN GYI LOP

ଦିନ ସର୍ବ ସଂପଦା |

PAL DEN LA MA ZHAP PE TEN PA DANG
May the glorious lama live long. May happiness and well being arise in all sentient beings, equal to the sky. May I and all beings

ଦିନ ସର୍ବ ସଂପଦା |

DAK ZHEN MA LÜ TSHOK SAK DRIP JANG NE
without exception, by gathering the two accumulations, purify the two veils and thus be swiftly established in the state of buddhahood.

ମାତ୍ରା ଯାତ୍ରା ଯାତ୍ରା ଯାତ୍ରା |

KHA NYAM YONG LA DE KYI JUNG WA DANG
KHA NYAM YONG LA DE KYI JUNG WA DANG

ମୁଦ୍ରା କ୍ଷମା ସଂପଦା |

NYUR DU SANG GYE SA LA GÖ PAR SHOK
NYUR DU SANG GYE SA LA GÖ PAR SHOK

Praise to the Buddha Activity of the Gyalwang Karmapa

ମୁଦ୍ରା କ୍ଷମା ସଂପଦା |

DÜ ZHI LE GYAL GYAL WAY THRIN LE PA
Karmapa, who is the activity of all the buddhas, victorious over the four maras, may his teaching, this essence of dharma,

ମାତ୍ରା ଯାତ୍ରା ଯାତ୍ରା ଯାତ୍ରା |

KAR MA PA TEN TEN PAY NYING PO DI
Karmapa, who is the activity of all the buddhas, victorious over the four maras, may his teaching, this essence of dharma,

ଶ୍ରୀ ସନ୍ଦର୍ଭ କ୍ଷମା ସଂପଦା |

CHOK THAR KÜN KHYAP KHYAP CHING GYÜN MI CHE
continuously spread to the far limit of all directions, greatly increase, and always flourish auspiciously.

ଶ୍ରୀ ସନ୍ଦର୍ଭ କ୍ଷମା ସଂପଦା |

TAK PAR RAP PHEL PHEL WAY TRA SHI SHOK
TAK PAR RAP PHEL PHEL WAY TRA SHI SHOK

Prayer for the Flourishing of the Teachings of Barway Dorje (Düdül Lingpa)

SANG CHEN RIK GYE DZÖ DZIN DAM PAY KAR

Holder of the treasury of the hundred families of great secrecy,

ଶ୍ରୀପାତ୍ରାଦ୍ୱାରାବେଳାଦ୍ୱାରାମୁଦ୍ରିତାପାଇଥିଲା ।

GYAL KÜN DÜ SHAL DÜ DÜL LING PA YI

Holy dance embodying all victors, Dündül Lingpa,

ସମ୍ବନ୍ଧରେ କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

SAP GYE ME JUNG DRE BUI SANG NGAK CHÖ

May there be the goodness of your profound, vast, wondrous resultant secret mantra dharma

ଶିଦ୍ଧିକୁଷାଣମସରନ୍ତିପରିବାହାଣିଶିଖାଣ ।

SI SHI CHOK TAR KYAP PAY TA SHI SHOK

spreading throughout existence and peace, filling every direction to its limit.

ମୀଥମାଧ୍ୟମଶ୍ରୁଦ୍ଧଶାସ୍ତ୍ର||

Written by Mipam



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